DEVELOPMENTAL AND

BEHAVIORAL HEALTH

FOR THE

PEDIATRIC PATIENT

Thursday, April 10, 2025



VIRTUAL CONFERENCE Children's Hospital of Philadelphia

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Overview

According to the Centers for Disease Control and Prevention (CDC), 1 in 6 children in the United States has a developmental disability or developmental delay and 1 in 36 has an autism spectrum disorder (ASD). As the American Academy of Pediatrics highlights, there is a shortage of developmental and behavioral specialists, limiting access to specialty care for many children with developmental or behavioral health conditions. This conference will address some of the leading developmental and behavioral health concerns that pediatricians and primary care providers deal with on a daily basis: obesity in neurodiverse patients, behavioral and pharmacologic interventions for aggression and self injury, behavioral health in young children, transition for young adults with autism and/or intellectual disabilities, complementary and alternative treatments for autism, and wellness for providers and caregivers. Each lecture will include evidence-based treatments, support management, and resource suggestions.

General Information

The registration fee includes access to the conference live stream, online presentations, and CE credits.

Physicians: \$125 Other Healthcare Professionals: \$75

Course Objectives

- Identify common developmental and behavioral health symptoms that can present in pediatric patients.
- Describe common medical and mental health conditions that can occur with developmental or behavioral disorders and understand how they may impact the child's function.
- Recognize resources that can be utilized in the office or shared with families to address
 developmental, behavioral or mental health concerns in children.
- Identify ways medical and behavioral health professions can collaborate as a multidisciplinary team in caring for children with neurodevelopmental and/or behavioral diagnoses.

Accreditation



In support of improving patient care, this activity has been planned and implemented by the Children's Hospital of Philadelphia. The Children's Hospital of Philadelphia is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Designation of Credit

Physicians: Children's Hospital of Philadelphia designates this live activity for a maximum of 7.0 *AMA PRA Category 1 Credits* $^{\text{TM}}$. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: This program provides 7.0 ANCC contact hours.



Joint Accreditation



This activity was planned by and for the healthcare team, and learners will receive 7.0 Interprofessional Continuing Education (IPCE) credit for IPCE CREDIT™ learning and change.

Social Work Accreditation Statement

CHOP is a pre-approved provider of continuing education credits for Pennsylvania Licensed Social Workers, Marriage and Family Therapists, and Professional Counselors. Participants licensed in Pennsylvania who attend the full workshop and complete the required evaluation are eligible for 7.0 Continuing Education Credits, Participants licensed in other states should check with local licensing boards to determine continuing education approval.



Children's Hospital of Philadelphia is approved by the American Psychological Association to sponsor continuing education for psychologists. Children's Hospital of Philadelphia maintains responsibility for this program and its content. This program is approved for 7 CE credits.

Level: Intermediate

Cancellation and Refund Policy

Children's Hospital of Philadelphia reserves the right to cancel or postpone any course due to any unforeseen circumstances. Cancellations must be received in writing by Monday, March 31, 2025.





Developmental and Behavioral Health for the Pediatric Patient

VIRTUAL CONFERENCE Children's Hospital of Philadelphia

PROGRAM

Thursday, April 10, 2025 (Eastern Standard Time)

8 a.m. Introduction

Amy Kelly, MBA, MNM; Amanda E. Bennett, MD, MPH; Barbara Picard,

MSN, CRNP

8:05 a.m. Keynote: Pediatric Autism and Obesity - Clinical Insights and Approaches

Kimberly Genuario, PhD; Jennifer Robbins, MD, MPH

9:05 a.m. Mental Health and Self-injury

Pattie Hillis-Clark, PsyD

10 a.m. Break

10:15 a.m. Psychopharmacology for Aggression and Self-injury

Anne Kearney, MSN, CRNP, PMHNP-BC

11:15 a.m. Identification and Interventions for Internalizing Disorders in Early

Childhood

Casey Hoffman, PhD; Lauren Vazquez, PhD

12:15 p.m. Lunch

12:45 p.m. PASSAGE: Transition Planning Youth with Autism and/or Intellectual

Disability

Ellie Kaplan-Kahn, PhD; Susannah Reimer, LCSW; Ben Yerys, PhD

1:45 p.m. Thinking Outside the Box: Complementary Autism Interventions

Sandhyaa Iyengar, MD, MPH

2:45 p.m. Break

3:00 p.m. The Art of Holding Space

Greg Hedler, LCSW, ACC

4:00 p.m. Closing Remarks



Unless otherwise noted, faculty is from the Children's Hospital of Philadelphia and/or the Perelman School of Medicine at the University of Pennsylvania.

Course Directors

Amanda E. Bennett, MD, MPH

Clinical Director, Center for Autism Care Innovation Medical Director, Center for Autism Research Associate Chief, Division of Developmental and Behavioral Pediatrics Associate Professor of Clinical Pediatrics

Amy Kelly, MBA, MNM

National Director of Family Engagement Certified Praesidium Guardian™ Devereux Advanced Behavioral Health LEND Fellow

Judy Miller, PhD

Associate Professor of Psychology in Psychiatry Associate Professor of Psychiatry in Pediatrics

Barbara Picard, MSN, CRNP

Advanced Practice Provider: Clinical Leader Expert Karabots Primary Care Center Primary Care Faculty, School of Nursing LEND Fellow

Faculty

Kimberly Genuario, PhD

Pediatric Psychologist, Department of Child and Adolescent Psychiatry and Behavioral Sciences, Healthy Weight Program

Greg Hedler, LCSW, ACC

 $Program\ Manager\ for\ Strategic\ Talent\ Management\ and\ Learning\ Center\ for\ Professional\ Growth$

Pattie Hillis-Clark, PsyD

Executive Director – Pennsylvania Children's Services Devereux Advanced Behavioral Health

Casey Hoffman, PhD

Clinical Director, Young Child Clinic Psychologist, Newborn/Infant Intensive Care Unit and Neonatal Follow-up Program Department of Child and Adolescent Psychiatry and Behavioral Sciences Assistant Professor of Clinical Psychiatry

Sandhyaa Iyengar, MD, MPH

Attending Physician, Developmental and Behavioral Pediatrics

Ellie Kaplan-Kahn, PhD

Psychologist, Center for Autism Research

Anne Kearney, MSN, CRNP, PMHNP-BC

APP Team Lead - Outpatient Behavioral Health Department of Child & Adolescent Psychiatry & Behavioral Sciences



Faculty (continued)

Susannah Reimer, LCSW

Co-director of the PASSAGE Program

Community Education Program Manager, Center for Autism Research

Jennifer Robbins, MD, MPH

Attending Physician, Health Weight Program

Lauren Vazquez, PhD

Psychologist, Young Child Clinic

Department of Child and Adolescent Psychiatry and Behavioral Sciences

Ben Yerys, PhD

 $\label{lem:prop:condition} Director of the \textit{PASSAGE Program, Center for Autism Research} \\ Associate \textit{Professor}$



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